

ADULTS

Complete the TSQ as an initial screening

TSQ: Trauma Screening Questionnaire

Adults aged 18 years+

Date completed:

It is recommended that the TSQ be offered 3-4 week post-trauma, to allow time for normal recovery processes to take place. If at that point an individual has 6 or more YES answers, a referral to a specialist practitioner is indicated (Brewin, 2002).

Traumatic event:

Were you at the airport when it was bombed?

Check for whether incident was experienced directly, witnessed and whether there was resultant injury to self /other and bereavement?

Have you recently experienced any of the following:	YES At least twice in the past week	NO	Don't know
1. Upsetting thoughts or memories about the event that have come into your mind against your will.			
2. Upsetting dreams about the event.			
3. Acting or feeling as though the vent were happening again.			
4. Feeling upset by reminders of the event.			
5. Bodily reactions (such as fast heartbeat, stomach churning).			
6. Difficulty falling or staying asleep.			
7. Irritability or outbursts of anger.			
8. Difficulty concentrating.			
9. Heightened awareness of potential dangers to yourself and others.			
10. Feeling jumpy or being startled by something unexpected.			
Total:			